KINGSMOOR PRIMARY SCHOOL



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> > 4th September 2020

Kingsmoor school swimming and Forest School – Starting Thursday, 10th September

Dear Parents, Carers,

This letter is to inform you about arrangements for swimming and Forest school this academic year. As you may be aware, swimming forms a statutory part of the National Curriculum and is an important life skill that all children will benefit from - developing their health and well-being and for their health and safety. From this academic year, all children will swim with their allocated year group for one term only. (Thursdays.)

Autumn term	Spring term	Summer term	
Starting – Thursday, 10 th	Starting – Thursday, 7 th January –	Starting – Thursday, 22 nd April –	
September – 10 th December	25 th March	15 th July	
Year 6	Year 2	Year 4	
Year 3	Year 5	EYFS/Class 1	
Year 1			

Before leaving Kingsmoor

In preparation for their swimming lesson the children will go to the toilet in school before the bus journey, I have reflected on children changing into their swimming kits in school and as this is equally problematic with regards to safeguarding the children and their privacy whilst changing. I feel the children will be **safer to implement this changing procedure at the pool.** If you would specifically like your child to change into their kit in school please let Mrs Warren know and we will arrange a suitable location for them.

Children will travel to Chilton, 1610 pool on the bus accompanied by Kingsmoor staff. If you would like your child to wear a face mask on the bus they will need to bring this to school in a plastic bag, **be able to put it on independently and correctly** and take it off returning it to the plastic bag. Children will sit with their year group on the bus and will not mix with other year groups. Please inform your class teacher if you would like this to happen so they are aware.

The bus will be cleaned/safety belts wiped and sanitised before Kingsmoor children get on. Before getting on the bus children will sanitise their hands.

Children will sanitise their hands when they get off the bus and before entering Chilton 1610. Kingsmoor staff will help the children with this.

I have been in contact with Chilton pool and read their full risk assessment of procedures. Chilton have a full cleaning procedure in place and the changing rooms will be cleaned prior to the school's arrival. Kingsmoor will be the only people using the pool/changing facilities during this time.

The changing room operates a one-way system which the children will follow. Kingsmoor staff are with the children at all times and will be on hand to support them if required.

In the pool

Children will receive a half an hour lesson. Children will continue to sit with their year groups and smaller groups will be organised in this way to avoid mixing of year groups.

When swimming the instructor will remain pool side at an appropriate social distance and children will swim with distance between them. Good hygiene and behaviour will be positively encouraged for all children whilst in the pool and if waiting poolside.

Once the lesson is finished children will walk back to the changing room with their year group and return to the same cubicle to change. Once dressed they will wait with a Kingsmoor staff member. Hands will be sanitised before they get onto the bus for their return journey.

On return to school hands will be sanitised and washed once they are back in their classroom.

As you may be aware Swim England have opened all pools up to the general public and feel it is safe to do so. They have guidance on their website if you would like to view this.

https://www.swimming.org/swimengland/pool-return-guidance-documents/ Chilton pool are following government and Swim England advice with regards to Coronavirus. Please do ring the pool if you have any specific questions with regards to their procedures or the school if you have any concerns we can support with.

Mrs Williams will send out information with regards to parental swimming contributions in due course.

Forest school

Last year each class were able to experience Forest school as a sequence of lessons for outdoor learning. From this year I am really pleased to state that Forest school will form a key part of our school's curriculum and their **outdoor learning with every year group receiving at least three half terms a year.** Mrs Clarke is employed as a forest school leader to implement these sessions **every Thursday.** When undertaking Forest school. Your child will need to bring:

- A carrier bag with a change of 'outdoor' clothes warm enough as it gets colder
- Wellies or old boots/trainers/shoes that will get muddy/wet/dirty
- Waterproofs <u>definitely a coat</u> waterproof trouser would be useful if you have.

These clothes will get dirty/wet/muddy so please bear this in mind!

Please see below for when your child will be undertaking Forest school

Autumn 1st half	Autumn 2 nd	Spring 1st half	Spring 2 nd half	Summer 1st	Summer 2 nd
term	half term	term	term	half term	half term
(Start 10th	(Start 5 th Nov)	(Start 7 th	(Start 25 th Feb)	(Start 22 nd	(Start 10 th
Sept)		January 21)		April)	June)
Year 1	EYFS (Class 1)	Year 1	EYFS (Class 1)	Year 1	EYFS (Class 1)
Year 2	Year 6	Year 3	Year 2	Year 2	Year 5
Year 3	Year 5	Year 4	Year 5	Year 3	Year 6
Year 4	Year 4	Year 6	Year 4	Year 5	

What is Forest School?

Forest School enables all children to be given the opportunity to experience and enjoy learning, exploring and creating in the outdoors. Through a range of activities, children have the chance to develop their self-esteem, resilience, empathy, resourcefulness, creativity, teamwork, communication and confidence. In addition, they develop the ability to assess and manage risks as well as teaching them a range of new skills. Forest school fuels children's curiosity and enables them to re-connect with and respect nature. Forest School sessions take place throughout the year in all weathers to enable learners to appreciate the changing seasons.

Activities may include: den building, problem solving, clay modelling, trust games, basic hand tool use, art & craft, storytelling, bug hunting, pond dipping and marshmallow toasting!

For all children these skills are extremely important and I am really excited to say it will now form an integral, key part to your child's learning experience at Kingsmoor.

If you have any questions regarding the above please do hesitate to get in touch.

Kind regards

J. Warren