

# Other Activities for over the Easter break!

## Physical

- Make up a dance routine
- Play games (Simon says, stuck in the mud)
- Act out TV shows/films
- YouTube yoga (search kids yoga)
- Create an obstacle course
- Create an exercise routine for your family to follow

## Creative

- Baking (cakes, cookies, muffins, pancakes etc)
- Make musical instruments using household items
- Junk modelling with recycling
- Write a song/poem/play/story
- Make Easter decorations
- Write a blog/ create a vlog
- Send a letter
- Create a cartoon strip
- Paint your nails
- Painting, gluing, drawing, colouring



## Emotional/Wellbeing

- Write a journal
- Mindful colouring
- Have quality family time
- Remain connected with loved ones – regular calls & video calls
- Write letters
- Give children opportunity to talk about the current situation & listen
- Reassure that they're safe
- Limit exposure to the news
- Practice precautionary personal hygiene

## Outside\*

- Sow seeds (no garden? Use a container on a kitchen windowsill, use cress for quick results!)
- Water play – using jugs, cups, sieves etc.
- Play games outside; tag, catch/football, hopscotch etc.
- Use chalks to draw on patio slabs/paths
- Make up a treasure hunt (inside or outside)

**Have Fun!!**